



Worship Service
January 30, 2022

Rev. Carol D. Jubenville
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WELCOME & ANNOUNCEMENTS

“Soul Reset” series by Junius B. Dotson

January 30th – Ad. Council Mtg. Bouckville- 12:30

February 5th- Worship Committee- OFalls- 10:00

February 6th – Ad. Council Mtg. OFalls- 12:30

February 13th-Baptism- OFalls-11:30

OPENING HYMN

“Jesus Name above All Names” FWS 2071

CALL TO WORSHIP

God is our light and our salvation; whom shall we fear?

**God is our shelter and refuge on the days of
trouble,**

and our hope and joy on the days of celebration!

Day after day, we seek God’s face and the assurance of
God’s holy love:

**O God, do not turn from us or hide your face
from us!**

Be our guide and our light instead!

One thing we ask of God:

**That we may live in God’s dwelling place all the
days of our life,**

**and never cease to behold the beauty of God’s
home.**

Beloved of God, enter this worship in thanksgiving,
for God is among and within us!

Thanks be to God!

HYMN

“Seek Ye First” UMH 405

OPENING PRAYER

Gracious Light-Bearer, Into the shadows of our isolation
you speak words of life and community. Challenger of our
lives, you call us from places we call home to lead us more
deeply into the world you love. With your gentle, healing
touch you redeem the broken places of our lives and you
heal the wounded places of the earth. Inspire our
worship here this day, so that we may receive liberation
in your word, and be filled to overflowing to share your
reconciling love throughout the earth.

We pray in Jesus’ name, **Amen.**

JOYS & CONCERNS

PRAYER

OFFERING

DOXOLOGY “What Gift Can We Bring” UMH 87(1&4)

SCRIPTURE

Psalm 27:1-4

HYMN

“Turn Your Eyes Upon Jesus” UMH 349

GOSPEL READING

Luke 10: 38-42

SERMON

“It’s Not All Me”

PRAYER

HYMN “Take My Life and Let it Be” UMH 388

BENEDICTION

Weekly Spiritual Practices

Week 1 The Practice of Examen

Find a quiet place each day reviewing the day in your mind, paying attention to moments of joy, moments of confusion, moments of sadness or moments of peace.

Week 2 The Practice of Prayer

Spend time with God, talking, listening, seeking, praising, grieving and being still.

Week 3 The Practice of Fasting

Fast from Social Media for 24 hours. Slow down, breath, lean into Jesus.

Week 4 The Practice of Taking Care of Your Body

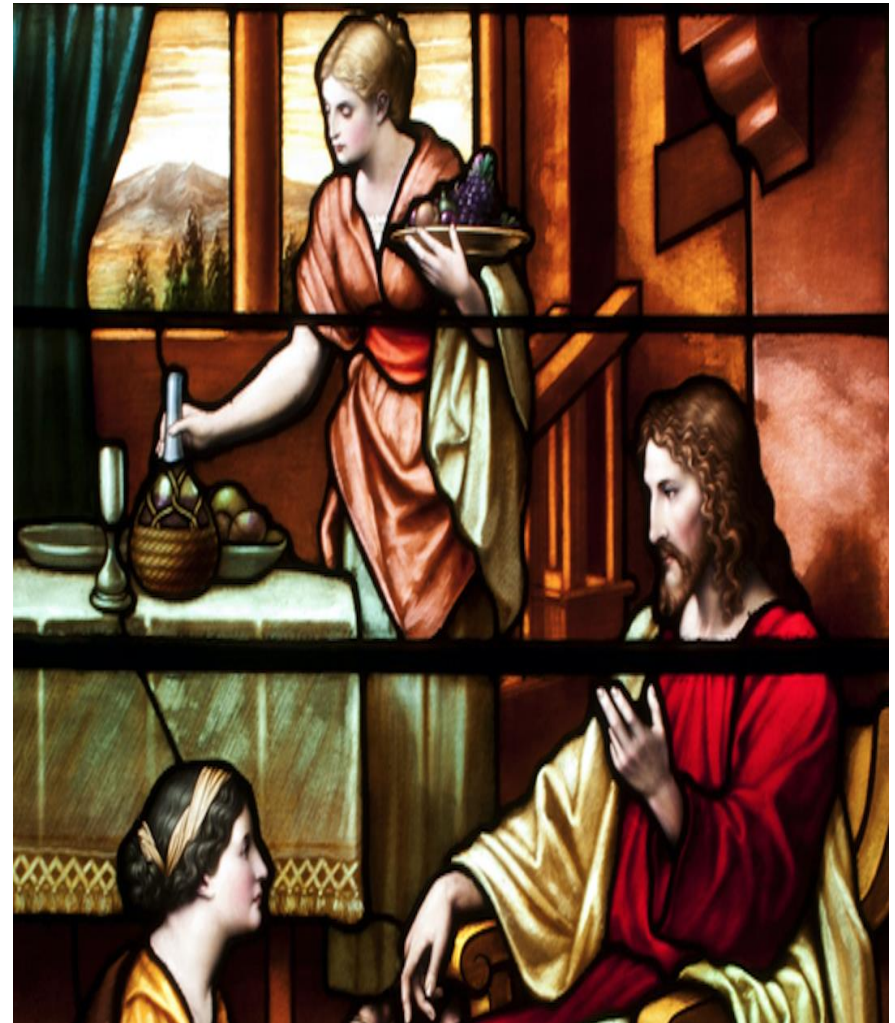
Sleep for eight hours, fast from sugar, go for a walk, drink plenty of water, write a thank you letter to your body for how it takes care of you.

Week 5 The Practice of Worship

Worship is more than just one hour a week, it’s a lifestyle. Read Psalm 22. Sing your favorite hymn.

Week 6 The Practice of Confession

Be honest with yourself and honest with God as we reset our souls to live a more whole life with Christ.



***BOUCKVILLE UMC – 9:30 AM
ORISKANY FALLS UMC- 11:00 AM***

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