



Worship Service
February 6, 2022

Rev. Carol D. Jubenville
caroljubenville@gmail.com

WELCOME & ANNOUNCEMENTS

“Soul Reset” series by Junius B. Dotson
February 6th – Ad. Council Mtg. OFalls- 12:30
February 13th-Baptism- OFalls-11:00

OPENING HYMN

“Bind Us Together” FWS 2226

CALL TO WORSHIP

Why are you here?

We are passionate for God.

Why are you here?

We cannot bear the sorrow and violence of the world.

Why are you here?

We are hungry; we are tired; we are scared.

God says: I am glad you are here. Watch. Listen.

**We hear the howling wind. We feel the earth shake. We shrink
back from the blazing fire.**

Watch. Listen.

We hear a sound. Thin. Silent.

This ground is holy. Take off your shoes. Cover your face.

Watch and listen for the Holy One.

This is why we are here.

HYMN “Let Us Break Bread Together: UMH 618

OPENING PRAYER

Prayer of Invocation
(1 Kings 19: 8-15)

Like Elijah, O God, we turn and face You in the midst of the storm.

Help us this hour to hear You speak to us —
not in the wind, or the thunder,

nor even in the upheaval of the ground beneath us.

Help us to hear You speak to us, in our heart of hearts,
as that still, small voice amidst the maelstrom,
which gives us direction, and peace, and hope.

We pray in Jesus' name. Amen.

JOYS & CONCERNS

PASTORAL PRAYER

OFFERING

DOXOLOGY “What Gift Can We Bring” UMH 87(1&4)

SCRIPTURE

1 Kings 19: 5-9

HYMN

“Precious Lord, Take My Hand” UMH 474

GOSPEL READING

Matthew 11: 28-30

SERMON

“Take Care of Yourself”

HYMN

“Fill My Cup, Lord” UMH 641

THE GREAT THANKSGIVING

UMH 13-15

THE LORD'S PRAYER

HYMN

“Living for Jesus”

FWS 2149

BENEDICTION

Weekly Spiritual Practices

Week 1 The Practice of Examen

Find a quiet place each day reviewing the day in your mind, paying attention to moments of joy, moments of confusion, moments of sadness or moments of peace.

Week 2 The Practice of Prayer

Spend time with God, talking, listening, seeking, praising, grieving and being still.

Week 3 The Practice of Fasting

Fast from Social Media for 24 hours. Slow down, breath, lean into Jesus.

Week 4 The Practice of Taking Care of Your Body

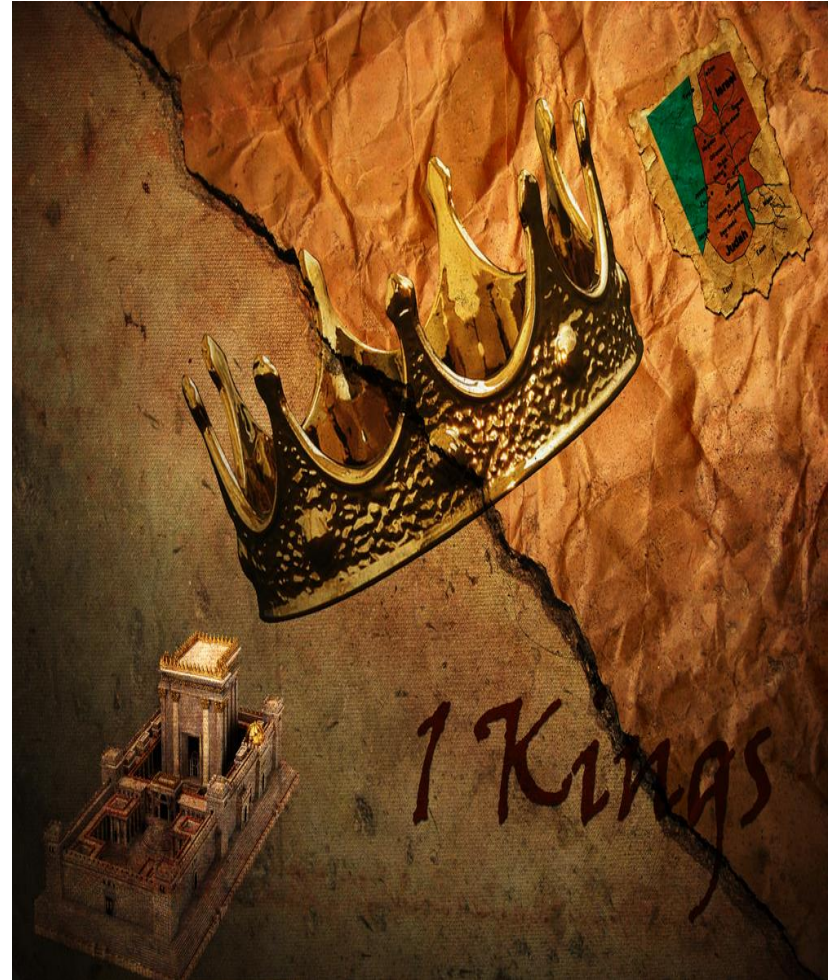
Sleep for eight hours, fast from sugar, go for a walk, drink plenty of water, write a thank you letter to your body for how it takes care of you.

Week 5 The Practice of Worship

Worship is more than just one hour a week, it's a lifestyle. Read Psalm 22. Sing your favorite hymn.

Week 6 The Practice of Confession

Be honest with yourself and honest with God as we reset our souls to live a more whole life with Christ



***BOUCKVILLE UMC 9:30
ORISKANY FALLS UMC- 11:00 AM***

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